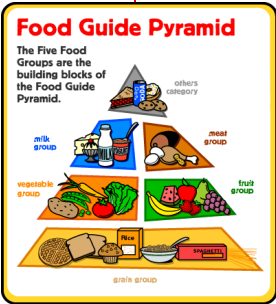


St. Patrick School
School Year 2019-2020
List of Ingredients for Lunch for the Month of February 2020

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
				
<p>3</p> <p>CHICKEN PATTY SANDWICH</p> <p>Breaded Chicken Patty Whole Wheat Bread</p> <p>Optional: Lettuce Tomato Mayonnaise Ketchup Mustard</p>	<p>4</p> <p>BEEF TACO</p> <p>Beef Taco Meat Taco Mix Shredded Lettuce Chopped Onions Taco Shell</p> <p>Optional: Salsa Shredded Cheese Sour Cream</p>	<p>5</p> <p>PORK W BBQ SAUCE</p> <p>Sliced Pork Loin Tomato Sauce Sugar/Molasses White Vinegar Hickory Smoked Flavor Worcestershire Sauce Sea Salt Garlic Powder/Cayenne Pepper Ground Red Peppers/Black Pepper Caramel Color Xanthan Gum</p>	<p>6 M</p> <p>CHEESE SANDWICH</p> <p>Sliced Cheddar Cheese Butter Wheat Bread</p>	<p>7</p> <p>CHICKEN TERIYAKI</p> <p>Chicken Thigh Tamari Sauce Agave Nectar Soybeans Garlic Onions Vinegar Sesame Seed/Sesame Oil Ginger Salt</p>
<p>10</p> <p>BAKED CHICKEN</p> <p>Chicken Breast Soybean Oil Vinegar Fructose Corn Syrup Salt Garlic Onion Red Bell Pepper Lemon Juice Caramel Flavor Annatto</p>	<p>11</p> <p>SPAGHETTI W GROUND BEEF</p> <p>Wheat Spaghetti Noodles Ground Beef Spaghetti Sauce Shredded Cheddar Cheese Basil Oregano Marjoram Thyme Garlic Ground Black Pepper</p>	<p>12</p> <p>PORK W DICED POTATOES</p> <p>Diced Pork Loin Sliced Sweet Bell Peppers Sliced Onions Diced Potatoes Soy Sauce Salt</p>	<p>13 M</p> <p>HAM SANDWICH</p> <p>Wheat Bread Slice of Ham Lettuce Tomato Onions Onions</p> <p>Optional: Mayonnaise Mustard</p>	<p>14</p> <p style="text-align: center;">LOCAL HOLIDAY</p> <p style="text-align: center;">NO SCHOOL</p>
<p>17</p> <p style="text-align: center;">PRESIDENT'S DAY</p> <p style="text-align: center;">NO SCHOOL</p>	<p>18</p> <p style="text-align: center;">LOCAL HOLIDAY</p> <p style="text-align: center;">NO SCHOOL</p>	<p>19</p> <p>CHEESE QUESADILLA</p> <p>Shredded Cheese Whole Wheat Tortilla</p> <p>Optional: Salsa Sour Cream</p>	<p>20 M</p> <p>SUNFLOWER JELLY SANDWICH</p> <p>Sunflower Butter Spread Strawberry Jelly Spread Wheat Bread</p>	<p>21</p> <p>CHICKEN NUGGETS</p> <p>Chicken white meat Wheat Flour Chicken Broth Yellow corn flour Brown Sugar Salt Yeast</p> <p>Optional: Ranch Sauce Ketchup</p>
<p>24</p> <p>CHICKEN FAJITA</p> <p>Chicken Fajita Meat Sliced Onions Sliced Bell Pepper Whole Wheat Tortilla</p> <p>Optional: Salsa</p>	<p>25</p> <p>PORK W MIXED VEGETABLES</p> <p>Pork Loin Carrots Peas Potatoes Corn Soy Sauce Cornstarch Salt</p>	<p>26</p> <p>HAMBURGER</p> <p>Hamburger Patty Hamburger Bun</p> <p>Optional: Ketchup Mustard Mayonnaise</p>	<p>27 M</p> <p>HAM SANDWICH</p> <p>Wheat Bread Slice of Ham Lettuce Tomato Onions</p> <p>Optional: Mayonnaise Mustard</p>	<p>28</p> <p>FISH STICKS</p> <p>Alaskan Pollock Tilapia Whiting Haddock Cod Anchovy Sardine Milk</p> <p>Optional: Tartar Sauce</p>