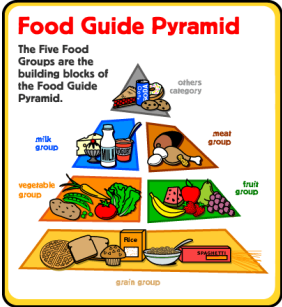


St. Patrick School
School Year 2017-2018

List of Ingredients for Lunch for the Month of March 2018

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
 <p>Food Guide Pyramid The Five Food Groups are the building blocks of the Food Guide Pyramid.</p>			<p>1</p> <p style="text-align: center;">HAM SANDWICH</p> <p>Wheat Bread Slice of Ham Lettuce Tomato Onions Onions</p> <p>Optional: Mayonnaise Mustard Ketchup</p>	<p>2</p> <p style="text-align: center;">GRILLED CHEESE SANDWICH</p> <p>Wheat Bread Slice of American Cheese Butter</p>
<p>5</p> <p style="text-align: center;">CHICKEN PATTY SANDWICH</p> <p>Breaded Chicken Patty Whole Wheat Bread</p> <p>Optional: Lettuce Tomato Mayonnaise Ketchup Mustard</p>	<p>6</p> <p style="text-align: center;">BEEF TACO</p> <p>Beef Taco Meat Taco Mix Shredded Lettuce Chopped Onions Taco Shell</p> <p>Optional: Salsa Shredded Cheese Sour Cream</p>	<p>7</p> <p style="text-align: center;">BEAN AND CHEESE BURRITO</p> <p>Vegetarian beans Shredded American Cheese Tortilla</p>	<p>8</p> <p style="text-align: center;">CHICKEN TERIYAKI</p> <p>Chicken Thigh Tamari Sauce Agave Nectar Soybeans Garlic Onions Vinegar Sesame Seed/Sesame Oil Ginger Salt</p>	<p>9</p> <p style="text-align: center;">CHEESE PIZZA</p> <p>English Muffin Shredded Cheese Pizza Sauce</p>
<p>12</p> <p style="text-align: center;">BAKED CHICKEN</p> <p>Chicken Breast Soybean Oil Vinegar Fructose Corn Syrup Salt Garlic Onion Red Bell Pepper Lemon Juice Caramel Flavor Annatto</p>	<p>13</p> <p style="text-align: center;">SLOPPY JOE SANDWICH</p> <p>Ground Beef Tomato Puree High Fructose Corn Syrup White Distilled Vinegar Salt/Sugar/Chili Pepper Dehydrated Red and Green Pepper Guar Gum Xanthan Gum Citric Acid Tomato Fiber Corn Syrup Spices, Natural Flavors</p>	<p>14</p> <p style="text-align: center;">PORK BBQ</p> <p>Sliced Pork Loin Tomato Sauce Sugar/Molasses White Vinegar Hickory Smoked flavor Worcestershire Sauce Sea Salt Garlic Powder/Cayenne Pepper Ground Red Peppers/Black Pepper Caramel Color Xanthan Gum</p>	<p>15</p> <p style="text-align: center;">HAM SANDWICH</p> <p>Wheat Bread Slice of Ham Lettuce Tomato Onions Onions</p> <p>Optional: Mayonnaise Mustard</p>	<p>16</p> <p style="text-align: center;">LOCAL HOLIDAY</p> <p style="text-align: center;">NO SCHOOL</p>
<p>19</p> <p style="text-align: center;">CHICKEN NUGGETS</p> <p>Chicken white meat Wheat Flour Chicken Broth Yellow corn flour Brown Sugar Salt Yeast</p> <p>Optional: Ranch Sauce Ketchup</p>	<p>20</p> <p style="text-align: center;">EGG AND CHEESE BURRITO</p> <p>Egg Shredded American Cheese Tortilla</p>	<p>21</p> <p style="text-align: center;">CHEESE QUESADILLA</p> <p>Shredded Cheese Whole Wheat Tortilla</p> <p>Optional: Salsa Sour Cream</p>	<p>22</p> <p style="text-align: center;">SUNFLOWER JELLY SANDWICH</p> <p>Sunflower Butter Spread Strawberry Jelly Spread Wheat Bread</p>	<p>23</p> <p style="text-align: center;">IN SERVICE DAY</p> <p style="text-align: center;">NO SCHOOL</p>
<p>26</p> <p style="text-align: center;">CHICKEN FAJITA</p> <p>Chicken Fajita Meat Sliced Onions Sliced Bell Pepper Whole Wheat Tortilla</p> <p>Optional: Salsa</p>	<p>27</p> <p style="text-align: center;">PORK W SWEET SOUR SAUCE</p> <p>Sliced Pork Loin Tomato Puree Sugar White Vinegar Molasses Salt/Sea Salt Cornstarch Worcestershire Sauce Garlic Powder/Garlic/Onions Cayenne Pepper/Ground Red Peppers Caramel Color/Hickory Smoke Flavor</p>	<p>28</p> <p style="text-align: center;">GRILLED CHEESE SANDWICH</p> <p>Sliced Cheddar Cheese Butter Wheat Bread</p>	<p>29</p> <p style="text-align: center;">TUNA SANDWICH</p> <p>Tuna Flakes Mayonnaise Chopped Apples Chopped Celery Chopped Onions Wheat Bread</p>	<p>30</p> <p style="text-align: center;">GOOD FRIDAY</p> <p style="text-align: center;">NO SCHOOL</p>